Martial Arts Collective Society



MACS is dedicated to the preservation of all Martial Arts and their traditions.

The Martial Arts Collective Society, or MACS is an organization that was created to help to preserve the traditions of all martial arts. Every year, we host the gathering, an event where teachers of the martial arts come together to instruct the students.

It is a unique opportunity to experience martial arts disciplines from all over the world.



Martial Arts Collective Society

September 26 & 27, 2009

Sacramento, CA



MASTER CLERMONT POULIN was promoted to 8th black belt degree in 1998 by Professor Nick Cerio. That not only represents the highest degree handed by Professor Cerio, but it is also the only Hachidan (8th degree) he awarded in his lifetime.



HANSHI JERRY PIDDINGTON competed on the national and international karate circuit in the late 60's and early 70's when the competition consisted of some of the legends of American Karate. Mr.. Piddington won many sparring titles competing against some of the top competitors in the country.



SHIHAN CHARLES GARRETT is a well known practitioner of Matsumura Shorin Ryu under the late Hohan Soken and has been actively teaching this art since 1974. Currently Shihan Garrett is operating Hohan Soken's Self Defense Will Travel which he founded in 1997.



CARL EGGERSON is a top instructor of Chi Ling Pai Gung Fu and has been training in the martial arts of Judo and Kung fu for over 2 decades. He is a student of Scott Felsen in Atlanta and is helping to preserve the art of Chi Ling Pai Gung Fu for the future.



MAESTRO DEXTER LABONOG has been actively training Filipino martial arts since 1978 and considers himself a student, instructor, and community activist promoting Filipino martial arts awareness for self defense for the next generation.



The Hall of Legends

This hall of honor recognizes the contributions of our past masters.

These Masters have ensured that their teachings have actively spread past three generations.

Their contributions and spirit will continue to endure through their student's students'.

Pre Register for the Gathering 2010 Today!



When you Pre Register for the Gathering 2010, you will receive a MACS coin that entitles you to discounts on seminars throughout the country.

Don't miss out! Pre Register this weekend.



SIFU RON WILKERSON is one of Master Dennis Decker's top students from West Virginia where he studied with him in the 1970's. Ron was active in the tournament scene in the 1970's and 80s.He is a great martial arts instructor and has trained and taught some great students around the country.

SIFU MIKE SNYDER was one of Master Decker's top Gung Fu students from West Virginia in the 1970's Mike has continued to study the Chinese internal arts of Tai

Chi, Ba Gua and Hsing I with legendary teachers Zhang

Lu Ping and Jun Yun from Pittsburg, PA.



SIFU BILL LUCIANO has began his martial arts training in 1973 in the Pai-Lum system. In addition to Pai Lum, Mr Luciano has studied Pai Family Boxing, 18 Bronzeman Method, and T'ai Chi Ch'uan Hsing-I Ch'uan, Pa-Kua Chang, and T'ai Chi Ch'uan



SENSEI ROBERT ITO is one of the true leaders in the martial arts in California and one of the top exponents in Kempo. Robert has been not just a great teacher but a great inspiration to many. Ito Sensei also studied Tai Chi from Professor Bing Fai Lau and works to preserve his beautiful form.



DEANNA ARAYA has been a fitness and yoga teacher for 30 years. Her 20 years experience in psychology and neurology has given her great insight into people. Deanna has developed the confidence and understanding of a true yoga teacher.



SIFU RON ESTELLER began training martial arts in 1967. He then began training under GGM Gaylord and continued training under GM James Juarez where he became GM Juarez's first Black Belt in 1981.Since that time he has continued to train and explore several arts including Hung Gar Kung Fu, Danzen Ryu and Brazilian Juijitsu, Derobio Escrima, and Kun Tao Silat.



SHIHAN KURT VAN SICKLE one of the lead Kosho ryu teachers in Oregon. As a student of Kyoshi Larry Kraxberger, he is considered a "go to" guy in the Oregon area.



RENSHI RICK WILMOTT is one of the top leaders in martial arts in the state of New Hampshire. He is also a Shihan in Shaolin Kempo. Sensei Wilmott's experience and insight in the martial arts make him a well rounded practitioner.



SENSEI LOU KLAFF is a skilled teacher and student of Jujitsu, Kempo, and Karate. Sensei Klaff is the head instructor of Yume Dojo in Arizona.



MASTER GEORGE CHUNG specializes in the discipline of Tae Kwon Do and Northern Shaolin Kung Fu. His past studies also include Okinawa Weapon under Toshiro Oshiro, Modern Arnis with Master Bruce Juchnik and Remy Presas and Shaolin Wushu and Kung Fu with Anthony Chan.



The Martial Arts Collective Society, or MACS, is dedicated to preserving the teachings of old as well as the unification of the Martial Arts.

MACS embraces all styles, systems and practitioners from all of the Martial Arts with the spirit of unity and the sharing of knowledge.

The Gathering was created as a venue for martial artists from all disciplines to share their knowledge and experience. The Gathering is focused on exposing the students to many styles of the martial arts in order to promote unity.

When you are at the Gathering, focus on the similarities, train hard, and most importantly, enjoy

The Gathering 2009 Schedule SATURDAY

7:00am - 8:00amRegistration Grand Ball Room 8:30am - 9:00amOpening Ceremony

Courses

9:00am - 10:25am 10:30am- 12:00pm

Lunch 12:00pm - 1:00pm

Courses 1:00pm - 2:25pm 2:30pm - 3:55pm

Bull Pit Demo 4:00pm - 4:45pm

Banquet

6:30pm -7:00pm Pre Banquet Cocktails

7:00pmBanquet

SUNDAY

Courses

9:00am - 10:25am 10:30am - 12:00pm

Lunch 12:oopm - 1:00pm

Courses 1:00pm - 2:25pm 2:30pm - 3:30pm

Senior Forum 3:30pm - 4:30pm



RENSHI MARK BURNHAM is a top practitioner in Shotokan, Tae Kwon Do, Ryukyu Kempo, and Hsing Yi Gung Fu as well as Kosho Ryu Kempo. Burnham Sensei is well known for his kicking ability and his abundant knowledge of Kata.



SHIHAN BRENT CRISCI has been studying the martial arts for over 20 years. He is ranked in Kosho Ryu Kempo, Karate, Shaolin Five Animal Kung Fu, Jui Jitsu and Tang Soo Do, and has also trained in Ninjitsu, Escrima/Arnis, Tae Kwon Do, and various Chinese and Japanese weaponry.



SHIHAN RYAN CHAMBERLAND has over a decade of experience in Kempo He is one of the Chief Instructors for the United Martial Arts Academies chain and runs a successful dojo in East Winthrop, Maine. He is an active member of f.u.m.a. and teaches many self defense programs in his community.



PROFESSOR DOMINIC CIRINCIONE started his been training in 1971 in Chung Da Kwan Taekwondo and has been training 34 years. He has trained in Kajukenbo, Jujitsu, Filipino arts, and Kensujitsu. Professor C enjoys teaching and learning new techniques to keep the excitement of being a student alive.



MASTER RON SATURNO has over 40 years of martial arts experience. Explored various discipline's of martial arts: from Western influence, Eastern, Asian Pacific as well as the healing arts of these disciplines. Master Saturno respects all forms of martial arts but has a love for the Filipino art of Escrima.



SHIHAN JON LUDWIG is a teacher of Kosho Ryu Kempo in the Sei Kosho Shorei Kai, and is involved in maintaining the Martial Arts Collective Society. He teaches Kosho Ryu, Kosho Ryu Sub Arts, and weaponry arts. Ludwig Shihan has studied many arts such as Kosho Ryu, Tae Kwon Do, Hapkido, Silat, Jujitsu, and Kung Fu.



SHIHAN TONY DISARRO he has studied many different arts, his true love lies in the study of Kosho Shorei Ryu. As a student of Hanshi Bruce generation student of Hanshi Bruce Juchnik, DiSarro Sensei loves bridging the gap between all martial arts.



SIFU ERIN SMITH is an instructor in Chi Ling Pai Gung Fu from Atlanta Georgia. She is working toward preserving the art of Chi Ling Pai for the future and is an important member of the Chi Lin Family. Her dedication to the Chinese Martial Arts and her support of The Gathering is an example for the students of Chi Ling Pai and is much appreciated.



SENSEI TERRY DOW was a personal student of the great Bill Wallace. He is currently studying under Shihan Michael DePasquale Jr. in his Yoshitsune and combat systems, Hanshi Bruce Juchnik in his Kosho Shorei Ryu system, and Bernard Langan in his internal arts and Silat.



SENSEI ERIK PLATE is the head instructor for the Johnstown, Colorado dojo. Sensei Erik has over18 years of martial arts experience and holds a 4th degree black belt in Anshinkai-do Karate and a 2nd degree black belt in Kosho Ryu Kempo.

Choose your Path

You will have a variety of courses to choose from. Sign up for your courses on Friday night or Saturday morning, and create your own customized seminar!

These courses cover all of the aspects of the Martial Arts. There is something there for everyone!

We will not be sectioning off the students according to rank, but subject matter.

Make sure to sign up for your classes right away and take control of your Gathering experience!

Schedule Subject to Change

Course Topics

Exploiting Openings

Learn to recognize openings in your opponent during a confrontation. Learn the timing it takes to capitalize on those openings and how to create them. Martial techniques and good basics are essential in the martial arts, but delivering it with an aggressive opponent is where it will truly be tested.

Striking –Power

Learn to deliver power in every strike. Find what it takes to maximize the impact of every strike and ways to continue to gain more power through training. Fine tuning what you have already learned can result in large gains with seemingly minor changes.

Hand Training

Learn to develop the proper hand posture to ensure your strike is delivered without causing damage to yourself. Learn to integrate speed, maturity and power without sacrificing one for the other.

Pick On Me

Get tips from the top. Have the top instructors work their magic. Learn how "Your" body does something well. Stop mimicking someone elses' movement and have the top instructors help you fine tune how you can best accomplish your techniques.

Capoeira

Explore the beautiful and deadly of art of Capoeira. Learn how rhythm and timing plays an important part to body movement and positioning. Understand everything our body does is based on rhythm.

Grappling

Learn the fundamentals of grappling and ground fighting. Learn attacks and defenses from the guard and side guard positions. Learn how to escape from locks and how to best utilize your natural strengths.

Story Telling Densho

Come and learn about our ancestors in the Martial Arts. These masters have ensured that their teachings has spread through three generations or more. Learn what they all have in common and what it takes to love the arts. Learn how to ensure your impact on the arts as a whole and ensure their future success.

Locks and Throws

Learn the art of throwing and exploring jujitsu with the different vantage points of the masters. Controlling your opponents' movements and allowing his own skeletal structure to be your tool is key in this course.

Arnis/Escrima

Enjoy and learn the arts of the Philippines. Learn the fluidity it takes to implement the basic patterns. Go beyond the drills and learn to react without thinking and utilize your innovation.





MALIA BERNAL began studying Wun Hop Kuen Do at the age of 22 under Grandmaster Al Dacascos, She not only broke boundaries for gender–she insisted on competing with male martial artists as their equal–but she transformed the movement and look of competitive forms. When she performed, she captivated, often causing the entire room to stop and watch.

MASTER RANDY STIGALL has studied many styles of Martial Arts including; Chinese Boxing, Taekwondo, Kempo, Silat, and Tai Chi. In 1978 he started in Hapkido under Master Kwang Seek Hyun. He later studied Hapkido under Master Hyun Bae You.



MASTER GLENN GAVIN began studying the oriental martial arts in 1967 with the study of Shotokan Karate. In 1982 he was introduced to the Korean martial arts. He has been studying and teaching Taekwondo for the last 18 years. He is a Senior Advisor for the Martial Arts Collective Society, and an advisor to the International Choson Do Federation.



SHIHAN RAY ERLANDSON is a long time student of Professor Nick Cerio. He has been training in the martial arts for over 35 years. Erlandson hopes to keep the teachings of Professor Cerio alive. And hopes to pass this knowledge on to the participants of the gathering.



GURU BERNARD LANGAN is a top practitioner and student of the Indonesian martial arts. He is also a teacher of Bakua. Sifu Langan combines his martial abilities with his extensive knowledge of the healing arts to be one of the Californian martial arts community's top leaders.



SHIHAN DAVID GRECO, has been studying martial arts for over 25 years. His principal martial arts style is Kosho Ryu Kempo. Many of his early years of study were in the Kenpo - Tracy and Parker systems, and other styles that provided the base for his blended system and success today.



DR. BRIAN GARRETT is the Founder and Innovator of Trauma Release Technique. He has been studying the Martial Arts for over 30 years and integrates it with his healing style, TRT. Dr Garrett was the first to introduce Applied Kinesiology to Mainland China and Hong Kong in 1993 at the direct request of the Minister of Health.



SHIHAN REMLEH SCHERZINGER has been studying with Juchnik Hanshi since 1992. He is the head instructor for a small school in California. Although he has had the opportunity to train in a many different arts, his focus is on Japanese systems. Currently he is exploring the art of Japanese Tea Ceremony with Sosei Mouri under the Omotesenke Domonkai.

SHIHAN JON MOORE is looked upon as one of the true leaders of the martial arts in Colorado and a chief representative of Kosho Ryu Kempo. Sensei is the cohost of the Rocky Mountain Summit every year.



SHIHAN JANINE MOORE is one of the leaders in the art of Kosho Ryu in Colorado. She is a talented teacher and practitioner who trains constantly. Moore Shihan designs and produces the Collective Society Newsletter.

Kicking

Fine tune your feet. Learn why the success of a kick does not rely on just your foot. Discover the elements that are essential to any good kick and learn how to get the most out of your training.

laido I and II

Study from skilled practitioners in the art of Japanese Sword. Multiple sword disciplines and schools taught in this unique course. Learn the signatures of each school and their "katas" (forms). Learn to draw a Katana (sword) (wooden boken may be used) cut, and return the sword to the Saya.

Close Combat Weaponry

Learn how to conceal a weapon in close quarters while still delivering lethal blows and cuts. Learning "slight of hand" in the martial arts will make you appear magical and give you the ability to survive. "The knife that cuts you is the knife you don't see".

Ukemi

Learn the art of rolling, falling and accepting a strike with no injury to yourself. To be able to be a great martial artist you must first understand what works and what doesn't. This promotes safety while learning the striking and throwing arts.

Silat

Learn the beautiful and deadly art of Indonesia. This country of over 17,500 islands is unique and it's population diverse. Learn Serak Silat from its lineage holder and his top students.

Point Sparring for Competition-Kumite

Learn to sharpen your Tournament and point sparring competition skills. With tournament comes a separate set of skills during point sparring. Learn the techniques and concepts that will score well with judges and set you apart from other competitors.

Street Defense

How to handle yourself in the street. Learn the difference between the street, school and sport environment. Learn the tools at your disposal, learn to acknowledge potential threats, and place yourself in the least harming environment.

Makiwara

Training the old school way. Live like the masters and train your hands on a traditional Makiwara. This class is limited to practitioners 18 years and older, Yudansha only. Class size is limited to 20 practitioners. This is primarily a demonstration class and private instruction is available. After a separate release students may elect to participate in training on the Makiwara and learn about "Trias's Frog".

Danzan Ryu Unfiltered

Take a virtual trip to Hawaii circa 1940. Learn the basics of Danzan Ryu from one of it's original students. Professor Leibert O'Sullivan will host a two hour seminar.

Lovin' It!

Control your own destiny and growth in the arts. Learn to think and feel movement for yourself. This class will help you explore all your options from a few simple entries. Your instructor will show you only the entry, you and your partner finish the story, the dance, the ... The largest teaching staff at the event will be on hand to assist you in your adventure.

Take Downs

Learn to take your opponent's balance away. Learn to put your opponent in a submissive posture from any position.

Rhythms

All martial arts and fighting all have their own unique rhythm. Experience the various rythms of the arts, and learn their subtle nuances and their similarities.

Bagwa Basics

Rediscover the relevance of this ancient Chinese art for today's practitioner.

Learn how this system of martial arts works to develop proper body alignments, posi-

tioning and posturing. Some say it is the predecessor of Aikido, come see if you agree.

Fan

Learn the skills needed to work the Fan as a weapon. Korean, Chinese and Japanese practitioners all use the fan as a weapon. Come learn the differences and similarities of this weapon as it is applied in different art styles.

Migration of the Arts

The history of the migration of the martial arts to what is known today. This class and discussion is led by Sifu Mike Young regarding the history of the arts and it's evolution. Come share in the history of the arts we love so much.

Walking History of the Hall of Legends

Learn about the masters that are inducted into the Hall of Legends. Hanshi Juchnik walks you through the members of this elite group and reviews their history. You will learn how to nominate those who have inspired and touched your life and development in the arts.

Kusema Vijiti "Talking Sticks"

Learn and explore this unique art of stick fighting. Learn the rhythm and the dance of African stick fighting and it's applications.

Exploiting Openings-Timing and Distancing

Learn this essential element of the arts. Learn how to ensure your strike is always delivered on time and how to gauge the distance you need to throw it. This element has eluded martial masters for decades. Come begin your understanding.



IBU JANE DE THOUARS is a multitalented martial artist. She is not just a skilled Indonesian practitioner in Japanese Aikido as well. Everyone who attends her classes will take away a better understanding of the martial arts.



GURU HORACIO RODRIGUEZ is the new designated head of Silat Serak. He is the top student under Maha Guru Victor De Thouars. Guru will be sharing his knowledge of Silat Serak technique and principles.



SENSEI AL IKEMOTO is a well respected healer and massage therapist. He has been a great asset to the Gathering. We are honored to have him with us.



SIFU MARY OWENS feels that her method of teaching and training is unique because, be it empty hand or with a weapon, her delivery is always in rhythm. Sifu Mary will be teaching several rhythmic drill sets to enhance one's rhythm and timing.



SIFU SCOTT FELSEN was a top student of Sifu Dennis Decker for 20 years. He is the inheritor of the Chi Ling Pai system of Gung Fu. Sifu Felsen is a top supporter of the Gathering. His support of the Martial Arts Collective Society is greatly appreciated.



SHIHAN TONY ANNESI has studied the martial arts since 1964 and has received black belts in judo, aiki-ju-jutsu, and karate. He is currently ranked nanadan (7th dan) in Takeshin aiki-ju-jutsu and in karate-do, hachidan (8th dan) in Kamishin-ryu Aiki-ju-jutsu, rokudan (6th dan) in Shotokan karate and Nidan (2nd dan) in judo.



SHIHAN FELIX VAZQUEZ has over 30 years of martial arts experience and is currently one of the top ranked practitioners of Koga-Ryu Ninjutsu. He is also ranked in the arts of Kyokushinkai Karate, Shotokan Karate, Aikido, and Judo. Shihan Vasquez is one of the top National Weapons, Forms, and Self-Defense competitors in the arts today.



SIFU BILL OWENS, teaching a blended Martial Art system, "The Blossom Fist". He is the founder of the art form "Kusema Vijiti" (The Talking Sticks), a rhythmic art form of which the fighting movements produce a rhapsody of rhythms used as a disguise and an array of tricky movements to distract.



GURU CARLITO BONJOC JR. is a master Escrimador. He began his study in the Filipino arts as a young boy. He is looked upon in the arts as one of the top practitioners today and is respected and loved by all that he has come in contact with. His incredible skill and wonderful disposition are impressive.



SENSEI JEFF DRISCOLL is a top Kosho Ryu instructor and student of laijitsu under Sensei Carl Long. He is the owner and chief instructor of the Driscoll Institute of Martial Arts. He is also an accomplished martial artist in Goju Ryu Karate, Tae Kwon Do and Ryu Kyu Kempo Karate.

Basic Massage I

Practice and explore the basic massage techniques. The basic understanding of the body will improve your martial concept and knowledge in kinesthetics.

Basic Massage II

Continue your hands on experience in massage. Learn the meridian points and techniques to relieve discomfort in your patient.

Internal Arts I

Replenishing Your Energy

Study Taichi and yoga and learn to restore the bodies natural balance and energy levels.

Internal Arts II

Channeling Energy to Deliver Power

Use the bodies natural ability to generate energy and power. Find your channels to deliver that power with destructive force.

Yoga I

Come and learn the unity between mind, body and spirit. Learn how proper breathing and meditation can assist you in improving your range of motion, posture and stretch. Enjoy a calm stable mind through Yoga.

Yoga II

Continue your understanding of the connection of mind, body and spirit. Practice and enhance your yoga postures and increase your flexibility.

Knesiology Trauma Relief Techniques

Learn to manage pain in yourself and others through a better understanding of the body and how the various systems work together. Come learn this cutting system of diagnosis and treatment. This fusion of traditional oriental medicine and the western come together to deliver a new approach to healing and pain management.

(Dr. Brian Garrett)

Instructors



PROFESSOR LIEBERT O'SULLIVAN started training his martial arts training in 1944. He studied Danzan Ryu with Bing Fai Lau and Professor Sig Kufferath in the mid 1940s and received a Black belt from in 1949. Later, he took over the Danzan Ryu School. For the past 10 years, he taught with Olohe Richard Paglilawan (Lua) teaching Danzan Ryu to Paglilawan's Lua students



PAUL YAMAGUCHI HANSHI would have to be considered the true senior of all Kempo practitioners that originate from Hawaii. Welcome to Professor Yamaguchi, the Kosho Ryu students and all Kempo students embrace your presence and knowledge. Hanshi Yamaguchi is a treasure of the Martial Arts.



GRANDMASTER MING LUM is a true senior of the martial arts family, he is known worldwide as a true living treasure of the arts and is also sought out as a guide to many of us. Grandmaster Ming Lum not only lends his expertise to all practitioners, but is also looked upon as a spiritual guide to many of us.



SIFU MIKE YOUNG is a special guest and one of the top Gung Fu practitioners and martial arts historians. Sifu Young is sought out by grandmasters worldwide for his invaluable knowledge and advice. He is a long time participant and supporter of the Gathering.



KYOSHI PAT KELLY teaches flawless teaches flawless maneuvers, knowledge of weaponry, and principled technique. As one of Hanshi Juchnik's top students, he is one of the most respected members of the Sei Kosho Shorei Kai. Kelly Sensei is also a top practitioner of the Filipino martial arts.

HANSHI BRUCE JUCHNIK is the 22nd inheritor of Kosho

ing "The Last Disciple", "To Fall 7 Rise 8", and "Reflections".

Ryu Kempo from James M. Mitose and is currently the director of the Sei Kosho Shorei Kai International and the President and Founder of the Martial Arts Collective Society. Jucknik Hanshi has written many books includ-



"UNCLE" LARRY KRAXBERGER is one is one of the top teachers in the art of Kosho Kempo. He teaches the concepts and principles in his own unique way. Many practitioners from all martial arts seek his practitioners from all martial arts seek his advice and guidance.



MAHA GURU VICTOR DE THOUARS is one of the top Indonesian Martial Art practitioners in the world. As the headmaster of Pukulan Pentjak Silat Serak, he works hard to spread his powerful and beautiful system. We are honored to have Maha Guru back at the gathering this year!



SIJO STEVE (SAUNDERS) MUHAMMAD is one of the founders of the BKF He is a very influential martial artist who has studied many arts such as; Ed Parker's Kenpo, Hapkido, Shorin-ryu, Tae kwon do, Lima lama, Tang soo do, five animal system Gung-fu, Okinawa-Te and Shotokan We are very fortunate to have him here this year.