

# the Gathering 2008



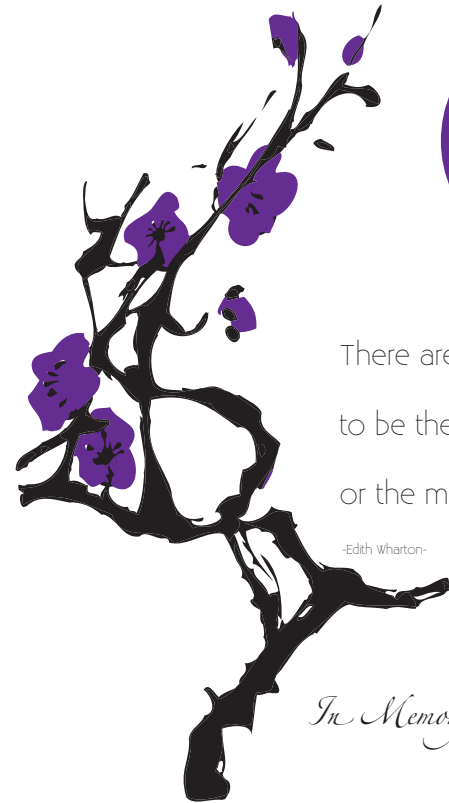
*We Miss You Imi!*

A Tribute to Imi Okazaki-Mullins

**Sacramento Marriott**

11211 Point East Drive  
Rancho Cordova, CA 95742

# The Gathering 2008



There are two ways of spreading light:  
to be the candle  
or the mirror that reflects it.

-Edith Wharton-

*In Memory of Imi Okazaki-Mullins*

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When you Pre Register for the Gathering 2009, you will receive a MACS coin that entitles you to discounts on seminars throughout the country.

The Gathering 2009 will be a  
Tribute to Martial Arts History in America!

We will also be unveiling a new event that has never been done before!

***Don't miss out! Pre Register this weekend.***



# My Courses

**SATURDAY**

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**SUNDAY**

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# Pre Register for the Gathering 2009 Today!



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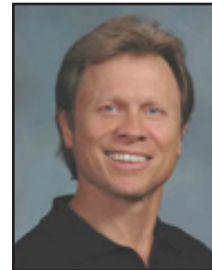
**Don't miss out! Pre Register this weekend.**



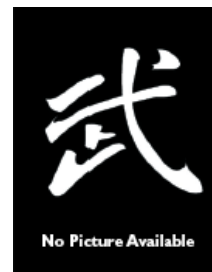
**PROFESSOR VINTON KOKLICH** studied with one of the most innovative practitioners of all time, Mr. Edmund Parker. He received a 9th Degree Black Belt under Great Grandmaster Al Novak in 2005. He has worked hard to maintain the integrity of the Parker Kempo system. With his fast hands and gentle demeanor, Professor Koklich's expertise will enhance all practitioners knowledge



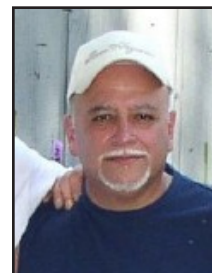
**SHIHAN DAVID GRECO**, has been studying martial arts for over 25 years. His principal martial arts style is Kosho Ryu Kempo. Many of his early years of study were in the Kenpo - Tracy and Parker systems, and other styles that provided the base for his blended system and success today.



**MILES ROBERTS** is a California and Japanese-licensed acupuncturist. He is a graduate of the Meiji College of Oriental Medicine in Osaka, Japan, receiving his degree in 1978. He is the founder and director of Holistic Health Care in Carmichael, CA where he has been practicing for the past 25 years.



**KALAYNA MACALAN** will be sharing her knowledge of the healing arts. She is a massage therapist who has studied many forms of massage and energy work. Her studies include Myo Facial Release, Reiki, Therapeutic Massage and much more.



**NIDAI SOKE JESUS BONILLA** has more than 38 years of Martial Arts training. He holds titles of Nidai Soke of the Taizan Ryu Taiho Goshin Jitsu with the rank of Menkyo Kaiden Shihan Sandaikichu, Kaiden Shihan in Yoshitsune Jujitsu.. He also holds black belts in Karate, Judo, and was recently promoted in Kendo with the All United States Kendo Federation.



**SIFU RON ESTELLER** began training martial arts in 1967. He then began training under GGM Gaylord and continued training under GM James Juarez where he became GM Juarez's first Black Belt in 1981. Since that time he has continued to train and explore several arts including Hung Gar Kung Fu, Danzen Ryu and Brazilian Jujitsu, Derobio Escrima, and Kun Tao Silat. .



**SHIHAN KURT VAN SICKLE** one of the lead Kosho ryu teachers in Oregon. As a student of Kyoshi Larry Kraxberger, he is considered a "go to" guy in the Oregon area.



**RENSHI RICK WILMOTT** is one of the top leaders in martial arts in the state of New Hampshire. He is also a Shihan in Shaolin Kempo. Sensei Wilmott's experience and insight in the martial arts make him a well rounded practitioner.



**MASTER LOU KLAFF** is a skilled teacher and student of Jujitsu, Kempo, and Karate. Sensei Klaff is the head instructor of Yume Dojo in Arizona.



**MASTER GEORGE CHUNG** specializes in the discipline of Tae Kwon Do and Northern Shaolin Kung Fu. His past studies also include Okinawa Weapon under Toshiro Oshiro, Modern Arnis with Master Bruce Juchnik and Remy Presas and Shaolin Wushu and Kung Fu with Anthony Chan.

# Choose your Path



*We are trying something new at the Gathering this year!*

You will have a variety of courses to choose from. Sign up for your courses on Friday night or Saturday morning, and create your own customized seminar!

These courses cover all of the aspects of the Martial Arts. There is something there for everyone!

We will not be sectioning off the students according to rank, but subject matter.

*Make sure to sign up for your classes right away and take control of your Gathering experience!*

*\*Schedule Subject to Change\**





# The Gathering 2008 Schedule

## SATURDAY

7:00am - 8:00am .....Registration Grand Ball Room

8:30am - 9:00am .....Opening Ceremony

### Courses

9:00am - 10:25am

Locks And Throws I, Manipulating Mass, Arnis And Escrima, Stealth, Capoeira , Just Kickin' It, Basic Massage I

10:30am - 12:00pm

Kicking, Striking-Speed And Fluidity, Silat, Basic Hand Weaponry, Internal Arts-Replenishing Energy, Ukemi

### Lunch 12:00pm - 1:00pm

### Courses

1:00pm - 2:25pm

Awareness And Children's Self-Defense (*Adults Welcome*), Grappling, Kata For Tournament Locks And Throws II, Deadly Arts, Exploiting Openings

2:30pm - 3:55pm

Iaido I, Silat, Striking Power, Point Sparring and Tournament Competition, Close Combat Weaponry, Language and Cultural Arts, Internal Arts - Channeling Energy to Deliver Power

### Bull Pit Demo 4:00pm - 4:45pm

### Banquet

6:30pm -7:00pm .....Pre Banquet Cocktails

7:00pm .....Banquet



**RENSHI MARK BURNHAM** is a top practitioner in Shotokan, Tae Kwon Do, Ryukyu Kempo, and Hsing Yi Gung Fu as well as Kosho Ryu Kempo. Burnham Sensei is well known for his kicking ability and his abundant knowledge of Kata.



**SHIHAN BRENT CRISCI** has been studying the martial arts for over 20 years. He is ranked in Kosho Ryu Kempo, Karate, Shaolin Five Animal Kung Fu, Jui Jitsu and Tang Soo Do, and has also trained in Ninjitsu, Escrima/Arnis, Tae Kwon Do, and various Chinese and Japanese weaponry.



**SHIHAN RYAN CHAMBERLAND** has over a decade of experience in Kempo He is one of the Chief Instructors for the United Martial Arts Academies chain and runs a successful dojo in East Winthrop, Maine. He is an active member of f.u.m.a. and teaches many self defense programs in his community.



**PROFESSOR DOMINIC CIRINCIONE** started his been training in 1971 in Chung Da Kwan Taekwondo and has been training 34 years. He has trained in Kajukenbo, Jujitsu, Filipino arts, and Kensujitsu. Professor C enjoys teaching and learning new techniques to keep the excitement of being a student alive.



**MASTER SATURNO** has over 40 years of martial arts experience. Explored various discipline's of martial arts: from Western influence, Eastern, Asian Pacific as well as the healing arts of these disciplines. Master Saturno respects all forms of martial arts but has a love for the Filipino art of Escrima.



**SHIHAN JON LUDWIG** is a teacher of Kosho Ryu Kempo in the Sei Kosho Shorei Kai, and is involved in maintaining the Martial Arts Collective Society. He teaches Kosho Ryu, Kosho Ryu Sub Arts, and weaponry arts. Ludwig Shihan has studied many arts such as Kosho Ryu, Tae Kwon Do, Hapkido, Silat, Jujitsu, and Kung Fu.



**SHIHAN TONY DISARRO** he has studied many different arts, his true love lies in the study of Kosho Shorei Ryu. As a third generation student of Hanshi Bruce generation student of Hanshi Bruce Juchnik, DiSarro Sensei loves bridging the gap between all martial arts.



**SENSEI ED CLINGO** has been studying Goju Ryu Karate for over 27 years. He is the owner and head instructor of Tora No Mon Dojo in Spring Hill, Florida. Sensei has studied many other arts including Kung Fu, Filipino Arts, and Kempo. He will be sharing his practical approach to Karate with an emphasis on Goju Ryu's Chinese roots.



**SENSEI TERRY DOW** was a personal student of the great Bill Wallace. He is currently studying under Shihan Michael DePasquale Jr. in his Yoshitsune and combat systems, Hanshi Bruce Juchnik in his Kosho Shorei Ryu system, and Bernard Langan in his internal arts and Silat.



**SHIHAN CHARLES GARRETT** is a well known practitioner of Matsumura Shorin Ryu under the late Hohan Soken and has been actively teaching this art since 1974. Currently Shihan Garrett is operating Hohan Soken's Self Defense Will Travel which he founded in 1997.



# The Gathering 2008 Schedule

## SUNDAY

### Courses

9:00am - 10:25am

Kata For Tournament, Internal Arts II Channelling Energy to Deliver Power, Exploiting Openings, Manipulating Mass, Silat, Ukemi, Arnis and Escrima

10:30am - 12:00pm

Kicking, Locks And Throws I, Internal Arts - Replenishing Energy, Capoeira, Stealth, Point Sparring for Tournament Competition, Kumite, Basic Massage II

### Lunch 12:00pm - 1:00pm

### Courses

1:00pm - 2:25pm

Ukemi, Grappling, Locks And Throws II, Iaido II, Striking-Speed and Fluidity, Forms for Tournament Competition, Developing Your Martial Spirit and Awakening the Healer Within (*Part 1 of 2*)

2:30pm - 3:30pm

Close Combat Weaponry, Striking Power, Point Sparring for Tournament Competition, Knife And Short Range Weaponry, Developing Your Martial Spirit and Awakening the Healer Within (*Part 2 of 2*)

### Senior Forum 3:30pm - 4:30pm



# Course Topics

## Kids Program

### *Language and Cultural Arts*

Explore and learn the cultural aspects of the various arts. Learning to greet a fellow practitioner, titles and follow basic instruction in: Chinese, Japanese, Korean, Indonesian, and Tagalog. With cross training in the arts comes a responsibility to respect and learn the customs of other cultures.

### *Ukemi*

Learn the art of rolling, falling and accepting a strike with no injury to yourself. To be able to be a great martial artist you must first understand what works and what doesn't. This promotes safety while learning the striking and throwing arts.

### *Basic Hand Weaponry*

Fine tune your hand weaponry. Learn to properly form a fist, spear hand, back fist, palm strike and knife hand strike. Improper hand formation at the point of impact causes tremendous pain and injury to practitioners, young and "old" alike. Learn the basics early to enhance your training in the arts that will stay with you for a lifetime.

### *Escaping*

Learn to escape an attacker from close range, mid range and long range distances. Why learn to just break a choke hold when you can prepare your body to escape attacks from any distance. Gain the control you want during combat or an aggressive encounter.

### *Knife and Short Range Weaponry*

Correlate the lessons learned in empty handed arts to the short range weapons. Knives, Sai, and baton are all short range weapons. What do they all have in common? How does the empty hand relate to the short range weaponry. Anything can be a weapon; it does not have to be traditional. Use the advantage of your imagination.

### *Just Kickin' It*

Fine tune your feet. Learn why the success of a kick does not rely on just your foot. Where does your kick start? What is essential to a good round house kick? What is best suited for my body style? How do I make every kick I do better? I will have power and speed in my kicks.

### *Point Sparring for Competition-Kumite*

Learn to sharpen your Tournament and point sparring competition skills. With tournament comes a separate set of skills during point sparring. Learn the techniques and concepts that will score well with judges and set you apart from other competitors.

### *Forms for Competition-Kata*

Learn ways to refine your performance of forms to score high with judges. Each judge has their favorite behaviors or signatures that will score high in a form. Learn how to recognize them and adjust your form performance to out score other competitors.

### *Awareness and Children's Self-defense*

Learn how to keep yourself out of dangerous situations. Learn what to do if you do find yourself in danger. Practice the techniques and concepts that will give you a chance against a larger opponent.



**GRANDMASTER MICHAEL DEALBA** has flawless technique in the Korean art of Modern Farang Mu Sul. He is well-versed in many of the Korean martial arts. Grandmaster DeAlba's expertise is only overshadowed by his humility and love of the martial arts.



**MASTER RANDY STIGALL** has studied many styles of Martial Arts including; Chinese Boxing, Taekwondo, Kempo, Silat, and Tai Chi. In 1978 he started in Hapkido under Master Kwang Seek Hyun. He later studied Hapkido under Master Hyun Bae You.



**MASTER GLENN GAVIN** began studying the oriental martial arts in 1967 with the study of Shotokan Karate. In 1982 he was introduced to the Korean martial arts. He has been studying and teaching Taekwondo for the last 18 years. He is a Senior Advisor for the Martial Arts Collective Society, and an advisor to the International Choson Do Federation.



**CARL EGGERSON** is a top instructor of Chi Ling Pai Gung Fu and has been training in the martial arts of Judo and Kung fu for over 2 decades. He is a student of Scott Felsen in Atlanta and is helping to preserve the art of Chi Ling Pai Gung Fu for the future.



**SIFU BERNARD LANGAN** is a top practitioner and student of the Indonesian martial arts. He is also a teacher of Bakua. Sifu Langan combines his martial abilities with his extensive knowledge of the healing arts to be one of the Californian martial arts community's top leaders.



**GRANDMASTER FRANK SANCHEZ** is recognized as the founder of San-Jitsu, the first internationally recognized martial art system from Guam. Currently residing in Florida, Grandmaster Sanchez is the founder of the World Head of Family Sokeship Council.



**RENSHI TERRY WEBB** has been with Hanshi Juchnik of Kosho Ryu Kempo for many years and has dedicated his time and energy towards his one true love – martial arts.



**SHIHAN REMLEH SCHERZINGER** has been studying with Juchnik Hanshi since 1992. He is the head instructor for a small school in California. Although he has had the opportunity to train in a many different arts, his focus is on Japanese systems. Currently he is exploring the art of Japanese Tea Ceremony with Sosei Mouri under the Omotesenke Domonkai.



**SHIHAN JON MOORE** is looked upon as one of the true leaders of the martial arts in Colorado and a chief representative of Kosho Ryu Kempo. Sensei is the cohost of the Rocky Mountain Summit every year.



**SHIHAN JANINE MOORE** is one of the leaders in the art of Kosho Ryu in Colorado. She is a talented teacher and practitioner who trains constantly. Moore Shihan designs and produces the Collective Society Newsletter.

# Course Topics

## Adult Program

### *Exploiting Openings*

Learn to recognize openings in your opponent during a confrontation. Learn the timing it takes to capitalize on those openings and how to create them. Martial techniques and good basics are essential in the martial arts, but delivering it with an aggressive opponent is where it will truly be tested.

### *Striking –Power*

Learn to deliver power in every strike. Find what it takes to maximize the impact of every strike and ways to continue to gain more power through training. Fine tuning what you have already learned can result in large gains with seemingly minor changes.

### *Striking-Speed and Fluidity*

Find how much hand speed relies upon the positioning of your lower base and feet. Learn how the relationship between tension in one portion of your body can affect the tension and speed in a seemingly unrelated portion of your body. Learn concepts and drills that can teach good muscle memory and re-teach you your natural movement.

### *Capoeira*

Explore the beautiful and deadly of art of Capoeira. Learn how rhythm and timing plays an important part to body movement and positioning. Understand our body does is based on rhythm.

### *Grappling*

Learn the fundamentals of grappling and ground fighting. Learn attacks and defenses from the guard and side guard positions. Learn how to escape from locks and how to best utilize your natural strengths.

### *Locks and Throws I*

Learn how to create imbalance in the body and the principles of folding. Use the body's natural folds and joints to your advantage. Come prepared to work and well warmed up. You are bound to find the mat in this class!

### *Locks and Throws II*

Learn the art of throwing and exploring jujitsu with the different vantage points of the masters. Controlling your opponents' movements and allowing his own skeletal structure to be your tool is key in this course.

### *Arnis/Escrima*

Enjoy and learn the arts of the Philippines. Learn the fluidity it takes to implement the basic patterns. Go beyond the drills and learn to react without thinking and utilize your innovation.

### *Kicking*

Fine tune your feet. Learn why the success of a kick does not rely on just your foot. Discover the elements that are essential to any good kick and learn how to get the most out of your training.

# Course Topics

## *Iaido I and II*

Study from skilled practitioners in the art of Japanese Sword. Multiple sword disciplines and schools taught in this unique course. Learn the signatures of each school and their "katas" (forms). Learn to draw a Katana (sword) (wooden bokken may be used) cut, and return the sword to the Saya.

## *Close Combat Weaponry*

Learn how to conceal a weapon in close quarters while still delivering lethal blows and cuts. Learning "sight of hand" in the martial arts will make you appear magical and give you the ability to survive. "The knife that cuts you is the knife you don't see".

## *Ukemi*

Learn the art of rolling, falling and accepting a strike with no injury to yourself. To be able to be a great martial artist you must first understand what works and what doesn't. This promotes safety while learning the striking and throwing arts.

## *Silat*

Learn the beautiful and deadly art of Indonesia. This country of over 17,500 islands is unique and it's population diverse. Learn Pentjak Silat from its lineage holder and his top students.

## *Point Sparring for Competition-Kumite*

Learn to sharpen your Tournament and point sparring competition skills. With tournament comes a separate set of skills during point sparring. Learn the techniques and concepts that will score well with judges and set you apart from other competitors.

## *Forms for Competition-Kata*

Learn ways to refine your performance of forms to score high with judges. Each judge has their favorite behaviors or signatures that will score high in a form. Learn how to recognize them and adjust your form performance to out score other competitors.

## *Stealth*

All the martial skill and strength is great when practicing alone or doing forms, but real success in the martial arts and conflict is how well you can cloak your movement and motion. If your opponent can read and anticipate your attack or motion all your hours training will be for not. Learn to cloak your movements and set up your opponent to be the most vulnerable.

## *Senior Forum (Sunday 3:30-4:30)*

Open discussion for entire event to discuss the past and the changes in the martial arts with the Seniors. Have a question box for the participants to place their questions in for the senior forum. No questions from the audience during the forum, all must be written in advance.

## *Forms*

Visit the forms corner and sign-up for assistance on a special form. Here is your chance to request to learn a form or fine tune one that has been giving you trouble. Work with a few of your training companions to bring the knowledge back to your schools.



**IBU JANE DE THOUARS** is a multitalented martial artist. She is not just a skilled Indonesian practitioner in Japanese Aikido as well. Everyone who attends her classes will take away a better understanding of the martial arts.



**GURU HORATIO RODRIGUEZ** is the new designated head of Silat Serak. He is the top student under Maha Guru Victor De Thouars. Guru will be sharing his knowledge of Silat Serak technique and principles.



**SENSEI AL IKEMOTO** is a well respected healer and massage therapist. He has been a great asset to the Gathering. We are honored to have him with us.



**SIFU MARY OWENS** feels that her method of teaching and training is unique because, be it empty hand or with a weapon, her delivery is always in rhythm. Sifu Mary will be teaching several rhythmic drill sets to enhance one's rhythm and timing.



**SCOTT FELSEN** was a top student of Sifu Dennis Decker for 20 years. He is the inheritor of the Chi Ling Pai system of Gung Fu. Sifu Felsen is a top supporter of the Gathering. His support of the Martial Arts Collective Society is greatly appreciated.

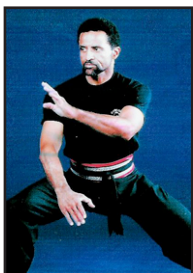




**SOKE HARRIS WARREN** is the founder of Nisei Bujutsu as well as the director of the NBFA. The Nisei Bujutsu system encompasses the arts of Hakkoryu Jujutsu, Yoshitsune Jutsu, Aiki-Jutsu, Kobu-Jutsu, Judo, and Naha-Te Karate. Soke Warren has been inducted into the AFMA and WHFSC Halls of Fame and was named WHFSC “Master Instructor of the Year” in 1996.



**O'SENSEI FELIX VAZQUEZ** has over 30 years of martial arts experience and is currently one of the top ranked practitioners of Koga-Ryu Ninjutsu. He is also ranked in the arts of Kyokushinkai Karate, Shotokan Karate, Aikido, and Judo. Shihan Vasquez is one of the top National Weapons, Forms, and Self-Defense competitors in the arts today.



**SIFU BILL OWENS**, teaching a blended Martial Art system, “The Blossom Fist”. He is the founder of the art form “Kusema Vijiti” (The Talking Sticks), a rhythmic art form of which the fighting movements produce a rhapsody of rhythms used as a disguise and an array of tricky movements to distract.



**GURU CARLITO BONJOC JR.** is a master Escrimador. He began his study in the Filipino arts as a young boy. He is looked upon in the arts as one of the top practitioners today and is respected and loved by all that he has come in contact with. His incredible skill and wonderful disposition are impressive.



**SENSEI JEFF DRISCOLL** is a top Kosho Ryu instructor and student of Iaijitsu under Sensei Carl Long. He is the owner and chief instructor of the Driscoll Institute of Martial Arts. He is also an accomplished martial artist in Goju Ryu Karate, Tae Kwon Do and Ryu Kyu Kempo Karate.

# Course Topics

## *Brush Calligraphy*

Brush work is an important cultural aspect of the arts. Learn the basics and practice your new skills. See the correlation between brush posture and sword movement. Learn to center your movement and the impact breathe has on body posture and how that can translate to martial application. Work in small groups throughout the event to learn this sub art.

## *Manipulating Mass*

Learn to move your opponents' body with subtle motion and establish dominance in any confrontational situation. Regardless of size, martial application and technique require that you manipulate the mass of your opponent to neutralize and attack and set-up a counter strike.

## *Awakening Your Martial Spirit*

Learn to unlock your martial spirit through the manipulation of the abdomen. The abdominal gateway, “tandien”, “hara” are far too often ignored in our martial training. Come enjoy the knowledge and hands on training of Dr. Miles Roberts in this unique 3 hour seminar. Space will be limited to 30 participants and you will be working with a partner. One 5 minute break will be afforded.

## *Deadly Arts*

Explore and learn the similarities in the deadly arts. Learn the approach or “accent” each art brings to deadly strikes and maneuvers. See Silat, Chi Lin, Japanese and Filipino arts at their most destructive.

## Restorative Arts

### *Basic Massage I*

Practice and explore the basic massage techniques. The basic understanding of the body will improve your martial concept and knowledge in kinesthetics.

### *Basic Massage II*

Continue your hands on experience in massage. Learn the meridian points and techniques to relieve discomfort in your patient.

### *Internal Arts I*

Replenishing Your Energy

Study Tai Chi and yoga and learn to restore the bodies natural balance and energy levels.

### *Internal Arts II*

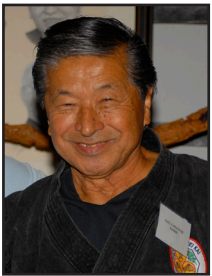
Channeling Energy to Deliver Power

Use the bodies natural ability to generate energy and power. Find your channels to deliver that power with destructive force.

# Instructors



**PROFESSOR LIEBERT O'SULLIVAN** started training his martial arts training in 1944. He studied Danzan Ryu with Bing Fai Lau and Professor Sig Kufferath in the mid 1940s and received a Black belt from in 1949. Later, he took over the Danzan Ryu School. For the past 10 years, he taught with Olohe Richard Paglilawan (Lua) teaching Danzan Ryu to Paglilawan's Lua students



**PAULYAMAGUCHI HANSHI** would have to be considered the true senior of all Kempo practitioners that originate from Hawaii. Welcome to Professor Yamaguchi, the Koshi Ryu students and all Kempo students embrace your presence and knowledge. Hanshi Yamaguchi is a treasure of the Martial Arts.



**GRANDMASTER MING LUM** is a true senior of the martial arts family, he is known worldwide as a true living treasure of the arts and is also sought out as a guide to many of us. Grandmaster Ming Lum not only lends his expertise to all practitioners, but is also looked upon as a spiritual guide to many of us.



**SIFU MIKE YOUNG** is a special guest and one of the top Gung Fu practitioners and martial arts historians. Sifu Young is sought out by grandmasters worldwide for his invaluable knowledge and advice. He is a long time participant and supporter of the Gathering.



**MAHA GURU VICTOR DE THOUARS** is one of the top Indonesian Martial Art practitioners in the world. As the headmaster of Pukulan Pentjak Silat Serak, he works hard to spread his powerful and beautiful system. We are honored to have Maha Guru back at the gathering this year!



**BRUCE JUCHNIK** is the 22nd inheritor of Koshi Ryu Kempo from James M. Mitose and is currently the director of the Sei Koshi Shorei Kai International and the President and Founder of the Martial Arts Collective Society. Jucknik Hanshi has written many books including "The Last Disciple", "To Fall 7 Rise 8", and "Reflections".



**KYOSHI PAT KELLY** teaches flawless teaches flawless maneuvers, knowledge of weaponry, and principled technique. As one of Hanshi Juchnik's top students, he is one of the most respected members of the Sei Koshi Shorei Kai. Kelly Sensei is also a top practitioner of the Filipino martial arts.



**"UNCLE" LARRY KRAXBERGER** is one is one of the top teachers in the art of Koshi Kempo. He teaches the concepts and principles in his own unique way. Many practitioners from all martial arts seek his practitioners from all martial arts seek his advice and guidance.



**SENSEI ROBERT ITO** is one of the true leaders in the martial arts in California and one of the top exponents in Kempo. Robert has been not just a great teacher but a great inspiration to many. Ito Sensei also studied Tai Chi from Professor Bing Fai Lau and works to preserve his beautiful form.